Protecting your income for the short term
Many working Americans will experience a short-term disability due to illness, injury, or pregnancy each year, and should have enough money in savings to cover at least three months of living expenses. Our Short-Term Disability Income Insurance helps ensure you are protected in the short term if adversity strikes.

You can choose your monthly benefit
You can choose a coverage amount from $200 to $5,000 in units of $100. The maximum you can purchase is limited to 70% of your average earnings and will also depend on your age and other disability insurance you have in force.

Benefits start based on the plan you select
We offer two plans. Plan 1 pays benefits on the 1st day of a covered disability due to an accident and on the 8th consecutive day of a covered disability due to sickness. Plan 2 pays benefits after 30 days of a covered disability within a period of no longer than 60 days. Your agent can help you choose the plan that makes most sense for you.

Disabilities due to pregnancy may be covered, too
A disability resulting from routine pregnancy can be considered a covered disability, subject to an attending physician's certification pre- and post- delivery. The maximum benefit period for such a disability is one month provided you are insured for 12 consecutive months prior to onset. Complications of pregnancy are treated as any other illness. For an additional cost, you can elect an option to extend the maximum monthly benefit period available for maternity disabilities.

Short-term disability insurance rates
(As of 2/1/2022)

<table>
<thead>
<tr>
<th>PLAN</th>
<th>Under 31</th>
<th>31-40</th>
<th>41-50</th>
<th>51-60</th>
<th>61-70</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 (1st/8th day)</td>
<td>$1.44</td>
<td>$1.58</td>
<td>$2.30</td>
<td>$3.26</td>
<td></td>
</tr>
<tr>
<td>2 (30 days)</td>
<td>$0.77</td>
<td>$0.91</td>
<td>$1.15</td>
<td>$1.53</td>
<td>$2.30</td>
</tr>
</tbody>
</table>

The AVMA LIFE Trust was created by veterinarians for veterinarians. All our coverages are available exclusively for members of the AVMA and their families.

For more information* on our Group Short-Term Disability Income Insurance, view the Disability Income brochure, call 800.621.6360, or contact your agent. To find an agent in your area, visit AVMALife.org.

*Including details such as exclusions, limitations, rates, eligibility, and renewal provisions.
Underwritten by New York Life Insurance Company (NY, NY 10010) on policy form GMR

AVMA LIFE Trust Program Administrator
1200 E. Glen Ave.
Peoria Heights, IL 61616-5348
800.621.6360
AVMALife.org

This is a product summary only. Certain exclusions may apply.
Please refer to the brochure for full details.

This material is not intended for residents of NM.
Program Administrator's:
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California Insurance License #0F76076